

PATIENT INSTRUCTION: POST VASECTOMY COLLECTION

- St. Joseph Medical Center, Tacoma, WA
- St. Francis Hospital, Federal Way, WA
- St. Clare Hospital Lakewood, WA

- St. Anthony Hospital Gig Harbor, WA
- St. Elizabeth Hospital Enumclaw, WA
- Highline Medical Center Burien, WA

- Harrison Medical Center, Bremerton, WA
- Harrison Medical Center, Silverdale, WA
- PSC

Patient Name: _____ Date: _____

Patient Collection Schedule

Monday – Friday

8:00 a.m. – 1:00 p.m.

No appointment is required. For questions please call the Client Services Department at (253) 426 – 6682, option #4

Instructions for Semen Collection

1. A sterile plastic container is being provided to you.
2. You must have refrained from ejaculation for 2-7 days before the semen specimen is collected.
3. Wash your hands and genital area with soap and water. Rinse thoroughly as soap may kill the sperm.
4. Write your name and date of birth on the sterile container.
5. Open the container.
6. Masturbate to ejaculation. DO NOT collect the specimen in a condom. Condoms contain substances which may kill the sperm and invalidate the test.
7. Deposit ALL of your semen into the sterile container. Do not touch the inside of the container.
8. Tightly cap the container and place the container upright into the bag.
9. Write the date and time of collection at the bottom of this form and on the sample container.
10. Keep the specimen protected from light and at room temperature.

IMPORTANT: Deliver the specimen to the laboratory within one hour of collection.

Collection Date: _____ Collection Time: _____